

You are invited to a

# *Symposium on Meditation*

## **Meditation, a doorway to eternal peace**

The Hindu Temple of Minnesota and Science of Spirituality invite you to a Meditation Symposium on the occasion of the inauguration of the Sant Rajinder Singh Ji Maharaj Meditation Room at the Temple. This room is jointly sponsored by the Hindu Temple and Science of Spirituality in order to increase the understanding about the practice of meditation and its significance in spiritual growth.

Speakers representing Science of Spirituality (Jyoti Meditation), The Hindu Temple of Minnesota, Transcendental Meditation and The Art of Living will provide unique insights into meditation and the transformation it can bring in individuals and societies.

Registration: FREE – Please send name/email/phone/address to Arvind Naik at [anaik@sos.org](mailto:anaik@sos.org) for pre-registration

**Saturday, April 17, 9 am to noon**

**The Hindu Temple of Minnesota  
10530 Troy Lane N  
Maple Grove, MN 55311**



**Sponsored by The Hindu Temple of Minnesota and Science of Spirituality, a multi-faith organization under the direction of H.H. Sant Rajinder Singh Ji Maharaj.**

