

Symposium on Meditation Schedule

Hindu Temple of Minnesota

April 17th, 2010 - Nath Auditorium

Time	Activity
8:30 AM - 9:00 AM	Registration, Meet & Greet with Tea
9:00 AM - 9:10 AM	Welcome message and Introduction to the Symposium
9:10 AM - 9:15 AM	Peace Prayer by Children
9:15 AM - 9:30 AM	Introductions
9:30 AM - 9:50 AM	Michael Ribet - Keynote speaker
9:50 AM - 10:10 AM	Siva Kanchibhotla - AOL Speaker
10:10 AM - 10:30 AM	Jim Horwath - TM Speaker
10:30 AM - 10:50 AM	Dr Shashikant Sane - Host (Hindu Temple) Speaker
10:50 AM - 11:00 AM	Symposium Conclusion by Keynote speaker
11:00 AM - 11:25 AM	Q & A to all speakers
11:25 AM - 11:40 AM	Group Meditation time
11:40AM - 11:45 AM	Thanks and Announcements
11:45 AM - Noon	Dedication ceremony of the Sant Rajinder Singh Ji Maharaj Meditation Room
12:00 PM - 12:30PM	Temple Aarti (Upstairs) & Lunch (Kitchen)
12:30PM - 2:30PM	Repeated 15 minute meditation sessions in the Sant Rajinder Singh Ji Maharaj Meditation Room - with instructions